



Welcome to Breakfast at The Chapel
Please feel free to help yourself from our Continental Buffet,
Then choose one cooked option from the selection below.

Full Cornish Breakfast

James Kittow's Pork Sausage, Crispy Back Bacon,
Hog's Pudding, Heritage Tomato, Field Mushroom,
Potato Rosti, & Hens Egg Cooked to your
Preference

Porridge Organic Rolled Oats

Sliced Banana, Green Apple & Cinnamon

Benedict

Poached Eggs, Maple Roasted Ham, Hollandaise,
Toasted Muffin

Florentine

Poached Eggs, Buttered Spinach, Hollandaise,
Toasted Muffin - V

Royale

Poached Eggs, Smoked Salmon, Truffle Hollandaise

Avocado Wake-Up

Poached Eggs, Avocado, Sriracha, Toasted
Sourdough - V

Avocado, Roasted Heritage Tomato, Sriracha,
Toasted Sourdough - VE

Shakshuka

Spiced Tomato Sauce, Peppadew Peppers, Red
Onion
Sun Blushed Tomatoes, Hens Egg, Sourdough

Buttermilk Pancakes

Spiced Berry Compote, Berries, Clotted Cream &
Maple Syrup

From The Sea

Haddock & Poached Eggs

Grilled Kippers

Oak-Smoked Salmon, Cream Cheese, Toasted
Bagel, Chive Caviar

Continental Options

Cornish Yarg

Cornish Gouda

Fresh Fruit

Pumpkin Seeds

Natural Yoghurt

Fruit Compote

Mini Danishes

Croissant

Cold Meats

Fresh Sourdough Bread

Sunflower Seeds

Pain Au Chocolate

Granola

Crunchy Nuts

Cornflakes

Fruit and Fibre

Please always inform your server of any allergies or intolerances before placing your order.
Not all ingredients are listed on the menu, and we cannot guarantee the total absence of allergens.
Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on
other allergens. Vegetarian (V), vegan (VE), gluten-free (GF), gluten-free option (GF*) dairy-free (DF).